



Waves Against the Shore
Wrightsville Beach, North Carolina
Photo by Dan Hardison

At the Beach

Dan Hardison

It had been a long wait, but the day finally arrived – a day at the beach. The smell of the ocean and the sound of crashing waves greet us as we approach from the dunes.

There are squawking seagulls racing overhead, a breeze filled with mist, and the feel of bare feet in wet sand. Simple joy can be found walking in the surf and searching the tideline for treasures.

As with all things that bring happiness time passes quickly and all too soon, it is time to leave. But the memories of the beach will stay with us and return to reward us time and again.

waves gentle motion
creating a sense of calm
serenity found